

FUTURE FOOD SCIENCE

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WELCOME TO THE 1ST CENTRE FOR INNOVATIVE FOOD RESEARCH CONFERENCE

The Center for innovative Food Research warmly welcomes you to our 1st international conference.

CiFOOD is one of the seven thematic, interdisciplinary centres at the Faculty of Technical Sciences at Aarhus University, aiming at connecting researchers from fields along the food supply chain – from innovative production of raw materials to consumer science and health aspects.

With this conference we want to share our research activities within this field, and also highlight some of our strategic partners.

We hope you will get to know more about us, and have you interested to engage in future collaborations.

Our inspirational talks by speakers from CiFood as well as renowned external experts will address a number of relevant up-to-date topics of interest to a broad audience:

Sustainable production of raw materials

nnovative food processing

Sustainable food packaging

Food structure design Sensory and consumer science Food and

health



DAY 1 Monday 1st of February

(CET)

10.15-10.30 OPENING TALK

By Milena Corredig, CiFOOD center leader

10.30-12.00 SESSION 1: SUSTAINABLE PRODUCTION OF RAW MATERIALS

Plant- and animal-based raw materials provide the basis for finished food products. Nevertheless, their production faces several issues related to sustainability, food security, greenhouse gas emissions and excessive use of land and water resources. This session will present recent advances in the development of innovative and efficient production systems that address the challenges associated with the production of raw materials.

TITLE	SPEAKERS
VERTICAL FARMING: FULLY CONTROLLED PRODUCTION OF FRESH VEGETABLES	LEO MARCELIS (Wageningen University, Horticulture and Product Physiology group, NL)
CULTIVATED MEAT	JETTE FEVEILE YOUNG (Aarhus University, FOOD, DK)
SUSTAINABLE PRODUCTION OF VEGETABLE CROPS IN THE FIELD	HANNE LAKKENBORG (Aarhus University, FOOD, DK)

12.00-12.45 BREAK



DAY 1 Monday 1st of February

(CET) 12.45-14.15

14.15 SESSION 2: INNOVATIVE FOOD PROCESSING

Food processing has become an important link in the food supply chain for providing safe, palatable and digestible products to the consumers. However, food production has also an immense impact on our environment due to, e.g., energy and water use, and the need for novel food products from alternative resources as well as the valorization of food processing side streams urge for the implementation of innovative processes in the food industry. This session will discuss how a more sustainable food production can be achieved in the future, and how processing can affect the quality of the final products.

TITLE	SPEAKERS
GENTLE PROCESSING FOR SUSTAINABILITY AND HEALTH	REMKO M. BOOM (Wageningen University, NL)
SUSTAINABLE GREEN BIOREFINING INCLUDES PROTEINS FOR FOOD; PROCESS DEVELOPMENT AT DEMONSTRATION SCALE	MORTEN AMBYE-JENSEN (Aarhus University, Engineering, DK)
PROCESSING OF BERRY POMACE: CHALLENGES AND IMPACT ON TECHNO- FUNCTIONAL PROPERTIES	SUSANNE STRUCK (Technische Universität Dresden, Chair of Food Engineering, D)
DECIPHERING IMPACTS OF PROCESSING USING MOLECULAR METHODS: SOME EXAMPLES FROM FOOD PROTEINS	LOTTE BACH LARSEN (Aarhus University, FOOD, DK)



DAY 1 Monday 1st of February

(CET) 14.30-16.00

SESSION 3: SUSTAINABLE FOOD PACKAGING

Plastic has traditionally been the material of choice in food packaging, due to its light weight, high performance, and high barrier properties, resulting in low transportation cost and reduction of food waste by extending shelf life. The European Union aims to make all plastic packaging to be recyclable or reusable by 22030 to sustain a more circular economy. In this session, novel insights on the development of biodegradable and bio-sourced packaging materials will be covered, with special emphasis on the new green nanotechnology concepts. The session will also cover the latest bio-refinery approaches of lignocellulosic plant polysaccharides for packaging applications. The importance of the design of packaging materials to maintain the freshness/eating quality of fresh fruit and vegetables will also be discussed.

TITLE	SPEAKERS
SUSTAINABLE PACKAGING MA- TERIALS FOR FOOD AND THEIR CIRCULARITY	ILKE UYSAL UNALAN (Aarhus University, FOOD, DK)
THE ROLE OF PACKAGING ON ACHIEVING THE SUSTAINABLE DEVELOPMENT GOALS	RAFAEL AURAS (Michigan State University, School of Packaging of Michigan, USA)
HANDLING AND PACKAGING OF FRESH FRUIT AND VEGE- TABLES – IMPACT ON FOOD WASTE AND FOOD SUSTAINABILITY	MERETE EDELENBOS (Aarhus University, FOOD, DK)
EXTRACTION OF BUILDING BLOCKS FROM LIGNOCEL- LULOSIC BIOMASS	FRANCISCO VILAPLANA (Head of the Division of Glyco- science at Royal KTH, SE)



DAY 2 Tuesday 2nd of February

(CET) 09.00-10.30

⁰ SESSION 4: FOOD STRUCTURE DESIGN

Most properties of food, i.e. the ones that consumers detected through look, touch and taste, are a manifestation of the food's structure. New technologies for analyzing the microstructure is emerging and couple with improved image analysis, this can improve the understanding of food structuring. In this session, some of the new tools for evaluation of food microstructure will be introduced, together with example of how this can be applied to understanding the impact of for instance processing conditions. The importance of the food structure during digestion, will also be discussed.

TITLE	SPEAKERS
STRUCTURE-FUNCTION- DIGESTION RELATIONSHIPS	MARIANNE HAMMERSHØJ (Aarhus University, FOOD, DK)
STRUCTURING PLANT CARBOHYDRATES - PROSPECTIVE INGREDIENTS AND MOLECULAR MECHANISMS	MARIO MARTINEZ (Aarhus University, FOOD, DK)
FOOD STRUCTURE AND PRODUCT DEVELOPMENT	ULF ANDERSEN (Arla food amba, DK)
ADVANCED MICROSCOPY OF FOOD	ZACHARY GLOVER (University of Southern Denmark)* • Current workplace: Arla Food, UK



DAY 2 Tuesday 2nd of February

(CET) 10.45-12.15

2.15 SESSION 5: SENSORY AND CONSUMER SCIENCE

More consumers are interacting with food online than ever before. In this session, we will present an overview of the ways in which consumers are interacting with producers, manufacturers, peers, and products; address the behavioral and neurological impact of mental imagery in simulated eating situations; and focus on a particular scenario of food photo taking and the consequences of sharing and consuming "food porn" online.

TITLE	SPEAKERS
THE IMPORTANCE OF MENTAL IMAGERY IN ONLINE FOOD EXPERIENCES	OLIVIA PETIT (KEDGE business school, FR)
DIGITAL CONSUMER INTERAC-	LINA JACOBSEN
TION WITH FOOD	(Aarhus University, MAPP, DK)
THE EFFECT OF PHOTO TAKING	JANICE WANG &
AND SOCIAL MEDIA	TJARK ANDERSEN
"FOODPORN" CONSUMPTION	(Aarhus University, FOOD, DK)

12:15-13.00 BREAK



DAY 2 Tuesday 2nd of February

(CET) 13.00 -14.30

⁰ SESSION 6: FOOD HEALTH

The link between dietary compounds and a healthy living is well established but much more knowledge is needed to provide guidelines for our dietary choices. We are also starting to recognize that the food matrix also influences the outcome. This session will give an up-to date insight into the recent research in health promoting food.

TITLE	SPEAKERS
MILK BIOACTIVE PEPTIDES	SØREN DRUD-HEYDARY
IN RELATION TO INFANT	NIELSEN
DIGESTION	(Aarhus University, FOOD, DK)
NURITIONAL STATUS AND	MARTIN KRØYER RASMUSSEN
HEPATIC DETOXIFICATION	(Aarhus University, FOOD, DK)
MODIFYING THE FOOD MATRIX: REDUCING POSSIBLE HARMFUL EFFECTS OF PROCESSED MEAT CONSUMPTION	REBEKKA THØGERSEN (Aarhus University, FOOD, DK)
OPTIMISING SMALL BOWEL	CHARLOTTE LOCK RUD
ABSORPTION	(Aarhus University, CLIN, DK)
THOUGHTS TOWARDS A PER- SONALIZED APPROACH USING DIETARY FIBER PREBIOTICS	BRUCE HAMAKER (Purdue University, USA)

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DAY 2 Tuesday 2nd of February

(CET) 14:45-17.00

NETWORK ACTIVITY

Keeping the pace of these working from home times, we are proposing a virtual networking session, where you can meet your colleagues and get to know them better, by visiting virtual rooms in gathertown.

For instructions on how to network at Gather Town please watch the instruction video on the conference sice



SPEAKERS

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SESSION 1: **PRODUCTION OF RAW MATERIAL**



HANNE LAKKENBORG (Aarhus University, FOOD, DK)

I study vegetables, their growth and the relationship with soil fertility. New cropping systems, cover crops and deep roots play a major role to increase the nitrogen use efficiency and decrease the leaching of nitrate of the production system. I work on the development of plant based fertilisers and soil several aspects of improvers, for example by use of leaume biomass and recycling of waste for composting. The aim is to build soil quality and carbon, while securing high vegetable yields. To attain new knowledge about the interactions in agro-ecosystems, we conduct large field trials under organic or conventional farming practice. We analyse for nitrogen, other nutrients and microbial activity in soil and plants, as well as register root growth by the use of minirhizotrons to 2.5 m soil depth. The focus is on the large volume vegetables such as cabbages, root and leafy vegetables and leeks, as well as leaumes.



JETTE FEVEILE YOUNG (Aarhus University, FOOD, DK)

Research focus is around meat quality as well as studying nutritional effects of naturally occurring food components using in vitro cell based model systems. Combining meat science and in vitro cell based techniques including primary muscle cells has led to interest in cultivated meat



LEO MARCELIS (Wageningen University, Horticulture and Product Physiology aroup NL)

Prof Dr Leo Marcelis is head of the chair group Htorticulture and Product Physiology at Wageningen University, The Netherlands. This group holds a strong position in research and education on areenhouse horticulture, vertical farming and post-harvest quality Marcelis has a vast experience in studying the physiology, growth and product formation of plants and plant organs in order to improve sustainability and quality of crop production in areenhouses and vertical farms. In particular fluxes of assimilates, water and nutrients in the plant, sink/source interactions and partitioning among plant organs in response to abiotic constraints are subject of study. LED lighting in greenhouses and vertical farms is a major theme in his research. At the moment he is leading large multidisciplinary research programmes on vertical farming and LED lighting in greenhouses in which universities and private companies cooperate

SESSION 2: FOOD PROCESSING





REMKO M. BOOM (Wageningen University, NL)

Remko M. Boom has been a full professor of Food Process Engineering at Wageningen University since 1998, and holds visiting professorships at Tsukuba University (Japan) and Nanyang University of Technology (Singápore). He was scientific director of the Graduate School / Programme VLAG (food technology, nutrition, molecular sciences and agro-biotechnology) from 2011 to 2015, and worked for Unilever Research from 1992 to 1998. His research interests revolve around the exploration of new principles to more sustainably produce healthier products: new ways to isolate ingredients, new ways to structure foods. and thermodynamic assessment of complex production systems using thermodynamics. His group was found to be excellent in all aspects (scientific quality, societal relevance and viability) in the most recent international expert review, and was characterised as globally leading in its fields. He is member of the Academic Advisory Board of the Institute for Sustainable Process Technology

(ISPT), is member of the leadership team of the European Technology Platform Food for Life, is scientific director of the Sustainable Food Initiative, and participates in the top institutes on process technology (ISPT), and on food and nutrition (Top Institute Food and Nutrition, TIFN). He has currently (co-)published more than 395 peer-reviewed publications (Scopus), and has successfully graduated 68 PhD students to date. He received the Royal Dutch Shell Study Tour Award for his PhD work in 1993.



MORTEN AMBYE-JENSEN (Aarhus University, Engineering, DK)

Morten Ambye-Jensen carries out résearch and development within green biorefining technologies including separation of proteins from grasses and legumes. He has a solid background and experience in process engineering and biotechnology, bringing green developments from lab- to demonstration scale. He is group leader of Green **Biorefining Technolo**gies at AU Engineering and manager of the AU Demonstration Platform for research and development in green biorefinina.



SUSANNE STRUCK (Technische Universität Dresden, Chair of Food Engineering, D)

Dr. Susanne Struck studied Food Technology at the Technische Universität Berlin and works now as post-doc researcher at the Chair of Food Engineering within the Institute of Natural Materials Technology at Technische Universität Dresden. Her research is focused on sustainable food production with special interest in fruit juice processing by-products. Other research areas involve bakery products. food extrusion and microalgae.



LOTTE BACH LARSEN (Aarhus University, FOOD, DK)

Lotte Bach Larsen is a professor at Department of Food Science,

Aarhus University, Denmark. She has published more than 120 international, peer-reviewed articles, as well as several book chapters. Lotte Bach Larsen works within properties and molecular structures of milk proteins and milk composition, including proteolysis. She is using proteomic and peptidomic methods for analysing and profiling of food proteins and peptides as well as natural and process-induced protein modifications. She was a Member of Scientific Advisory Board for International Symposium on Milk Genomics and Human Health in Aarhus (2014 and 2019), and received the Milk Prize as member of the Danish team behind the Milk Genomics Initiative in Denmark, which was awarded by the Danish Dairy Board in 2017 to acknowledge its contribution to the basic understanding of the relations between cow genes and milk fingerprint and its resulting properties. She is a Member of Aarhus University Research Foundation steering committee from 2020

SESSION 3: SUSTAINABLE PACKAGING





MERETE EDELENBOS (Aarhus University, FOOD, DK)

Dr. Merete Edelenbos is an Associate Professor at the Department of Food Science, Aarhus University, Denmark, Her research is focused on handling and storage of fresh fruit and vegetables to maintain food quality from farm to fork while minimizing food losses and waste. Dr. Edelenbos has a background in postharvest physiology and technology, plant food quality, minimally processing, and sustainable packaging of fresh and fresh-cut fruit and vegetables.



ILKE UYSAL UNALAN (Aarhus University, FOOD, DK)

Ilke Uysal Unalan is an Assistant Professor in the Department of Food Science, Aarhus University since April 2020. IUU research interests focus on the green sustainable packaging strategies using nanotechnological routes and active packaging for shelf life exten-

sion, biodegradability/ compostability of polymers and fundamental understanding of release mechanism from (bio) polymer matrix. IUU obtained a PhD in the field of Food Packaging, from the University of Milan focusing on the high gas barrier graphene based (nano)coatinas. She then spent 2016-2017 as a postdoctoral scientist at the School of Packaaina. Michigan State University working on polymer processing/characterization, biodegradation of nanocomposite films and release of nanostructures from polymer systems. In 2017-2018, IUU joined the Laboratory of Food and Soft Materials at ETH Zurich where she focused on the amyloid fibrils-graphene polymeric membranes for the food packaging applications. IUU has served as a member of the Management Committee and the Short Term Scientific Missions Committee of a recently awarded EU COST Action called CIR-CUL-ABILITY CA19124-RETHINKING PACKAG-ING FOR CIRCULAR AND SUSTAINABLE FOOD SUPPLY CHAINS OF THE FUTURE which is an international networking project connecting more than 180 researchers interested in various aspects of food packaging science



RAFAEL AURAS (Michigan State University, School of

Packaging of Michigan, USA)

Rafael Auras is a professor with the School of Packaging at Michigan State University (MSU). He leads a research aroup of graduate and undergraduate students interested in mass transfer in polymers, biodegradable polymers, life cycle assessment, and development of packaging systems for sustainable development. He has conducted research projects for Fortune 500 companies and government sponsored research projects. He is a regular speaker at national and international conferences. He has coauthored more than 200 publications. Rafael araduated with a B.Sc. in chemical engineering from the FCÉQyN, Misiones, Argenting, an M.Sc. in Materials Science and Technology from the UNSAM, Buenos Aires, Argentina, and a Ph.D. in Packaging from MSU, East Lansing, MI, U.S.



FRANCISCO VILAPLANA (Head of the Division of Glycoscience at Royal KTH, Sweden Michigan, USA)

Francisco Vilaplana is Associate Professor and Head of the Division of Glycoscience at

KTH Royal Institute of Technology (Stockholm, Sweden). He is a multidisciplinary researcher with competences on chemical (process) engineering, polymer/ material sciences, analytical chemistry, and carbohydrate biotechnology. Francisco leads the research aroup "Biotechnoloay of Carbohydrates from Biomass", with the vision to exploit the rich molecular diversity in terrestrial and marine biomass towards novel functional products for food, biomedical and structural applications (e.g. food packaging). His group targets a wide range of biomass feedstock, including terrestrial plant sources (cereals and wood). funai. and algae. His research activities involve (i) the development of advanced analytical methods to decipher (sequence) the molecular structure of complex carbohydrates, (ii) understanding the architecture and assembly of plant and fungal cell walls, (iii) design of 'biorefinery' processes for biomass exploitation using green chemistry and biocatalysis, (iv) chemo-enzymatic modification of carbohydrates for material and food applications, and (v) correlating dietary polysaccharide structure with nutritional properties. Dr. Vilaplana is Honorary Research Fellow at the Centre for Nutrition and Food Sciences. The University of Queensland (Australia).

SESSION 4: FOOD STRUCTURE





MARIANNE HAMMERSHØJ (Aarhus University, FOOD, DK)

MARIO MARTINEZ-MARTINEZ (Aarhus University, FOOD, DK)



ULF ANDERSEN (Arla food amba, DK)



ZACHARY GLOVER (University of Southern Dk*) *Current workplace: Arla Food, UK

Zachary's research

Associate Professor Marianne Hammershøj has more than 25 years experience in research in food science. The primary research focus has been on food structure and functional properties, i.e. gelling, foaming, and emulsification of protein-, lipid- and carbohydrate based foods. Her experience has developed from egg products, milk, dáiry products, towards plant based products. The interrelationship between food microstructure and food textural properties is important to provide high quality foods and to understand how to build desired food textures.

Mario Martinez joined Aarhus University in April 2020 and his research focuses on understanding the structure. hvdrodvnamics and interactions of carbohydrate polymers and food structures. His research program is centered on understandina carbohydrates and their interactions with polyphenolic compounds during food processing and digestion. He is also interested in new generation bio-refinery approaches of agricultural and aquatic biomass into biofunctional polymeric streams. In addition, he is interested in mesoscale food and biobased food packaging structuring using edible plant compounds, such as starch and cell wall polysaccharides, and twin-screw extrusion technologies. For instance. Mario has provided key insights on starch structure-texture-digestion relationships, phenolic-carbohydrate interactions, shear-scission of alycosidic bonds, mesoscale structuring of plant foods, and the valorization of food and agricultural waste.

Ulf Andersen is a Senior Research Scientist at Arla Innovation Centre. He has worked 20+ years in the field of food structure and functionality of dairy products with a special focus on using food microstructure studies to link processing conditions to final product properties. Much of this work has been carried out via collaboration projects with numerous universities.

focussed on the applications of advanced microscopy and ultrasound spectroscopy to investigate the structures in dairy systems. Combinations of super-resolution Stimulated Emission Depletion (STED) Microscopy, Confocal, Coherent Anti-Stokes Raman Scattering (CARS) microscopy, Multi-photon Excitation microscopy and Fluorescent Lifetime Imaging Microscopy (FLIM) were used to imaae dairy ael microstructures. A range of quantitative image analysis methods were developed based on 2D spatial cross-correlations to extract relevant, physical parameters from the images, which can significantly differentiate sample types. This work illustrate how can advanced microscopy work can provide importance information of food structure and help to understand the how processing impact food functionality.

SESSION 5: SENSORY AND CONSUMER SCIENCE





OLIVIA PETIT (KEDGE business school, F)



LINA JACOBSEN (Aarhus University, MAPP, DK)



JANICE WANG (Aarhus University, FOOD, DK)



TJARK ANDERSEN (Aarhus University, FOOD, DK)

Dr. Olivia Petit is an Associate Professor in Marketing at KEDGE Business School. She obtained her PhD at Aix-Marseille University, France, in 2014 (CERGAM. IAE - Business School of Management / Laboratory of Cognitive Psychology (LPC) - FED 3C (Behaviour, Brain, and Cognition). Her thesis has been rewarded by the Nestlé Foundation in 2012 and by the EMAC McKinsey Marketing Dissertation Award in 2015 Her research interests focus on consumer neuroscience, sensory marketing, and digital marketing. Her research methodology includes behavioral and functional Magnetic Resonance Imaging (fMRI) studies. Dr. Olivia Petit is particularly interested in the role of mental imagery and (multi-) sensory interactions in consumer (online) experience. Her research has been published in marketing (Journal of Business Research, Psychology & Marketing, Journal of Interactive Marketing, Marketing Letters), neuroscience (Brain and Cognition, Behavioral and Brain Sciences), psychology (Frontiers in Psychology), and food (Food Quality and Preference. Appetite) academic journals.

Since 2017 Lina has been assistant professor at Aarhus University, Department of Management, where she is affiliated with the MAPP Centre. She completed her master studies at Aarhus University and Wageningen University followed by a PhD at Aarhus University. Her PhD focused on consumer integration in new food product development. Her current research areas cover co-creation between consumers and food companies, consumer interaction in online communities, and marketing of co-created products.

Janice takes an interdisciplinary approach to the investigation of multisensory flavour perception and preference. In specific terms, she focuses on studying the role of the brain sensory system and its connection with eating behaviour, in order to gain a deeper understanding of why people eat what they do, and to encourage behaviour chanae for a healthier, more sustainable lifestyle. To achieve this goal, she works to develop new ways to evaluate the consumer experience from opinion mining to virtual reality to biometric measurements.

Tiark Andersen is a PhD student of food science at Aarhus University. His research focuses on the interaction between food-related diaital media usage and healthy eating behavior, with the objective of scientifically mapping the effects of digital media usaae and developing practical proposals to support their integration into a healthy lifestyle. Tjark obtained his master's degree in Food Science and Technology from the University of Copenhagen, and has professional experience as a Chemometrician/Data Scientist in industry. His interest lies within the fields of nutrition, psychology, and data science.

SESSION 6: FOOD AND HEALTH





MARTIN KRØYER RASMUSSEN (Aarhus University, FOOD, DK)

Research in food-drug interactions. Especially focusing on the effects of various plant compounds on the regulation of the cytochrome p450 enzymes system in hepatocytes. Research in the mechanisms behind the effect of energy status (e.g. fasting or periods of high fat dieting) on the cytochrome p450's are also included.



SØREN DRUD-HEYDARY NIELSEN (Aarhus University, FOOD, DK)

Søren is a postdoc at Department of Food Science, Aarhus University. Sørens research activities involve a broad range of techniques and projects spanning from

analytical chemistry to nutrition. but has mainly centered around three topics 1) Protein quality 2) analytical mass spectrometry methods 3) in vivo/ in vitro studies on bioactivity of food components. His overall research goal is to enhance quality of food-grade protein and to improve consumer health benefit. Søren has been studying the quality of protein-rich food products, more precise the breakdown of proteins and the extend of natural and process-induced post-translation protein modifications. Furthermore, Søren has been mapping the digestion of mother's milk proteins and supplemental bovine milk proteins in the preterm and term infants' gut and investigated bioactivities of these digests on human health. Søren has been developing different online available bioinformatic tools to support his research.



REBEKKA THØGERSEN (Aarhus University, FOOD, DK)

My main research focus is within nutritional metabolomics using NMR spectroscopy. During my PhD studies, I have focused on investigating whether modulation of processed meat products can be used to benefitcially modify endogenous responses in the gastrointestinal tract following ingestion.



BRUCE HAMAKER (Purdue University, Food Science, USA)

Bruce R. Hamaker is **Distinguished Professor** of Food Science at Purdue University, West Lafayette, Indiana. He also holds the Roy L. Whistler Chair and is Director of the Whistler Center of Carbohydrate Research. He obtained his undergraduate degree in biological sciences from Indiana University; his graduate studies were in human nutrition (M.S.) and food chemistry (Ph.D.) from Purdue University, and post-doctoral study at the Instituto de Investigacion Nutricional in Lima, Peru (supervisor, George Graham, Johns Hopkins University). He was in the U.S. Peace Corps in Liberia, West Africa from 1977-1979. He has over 250 refereed publications in food science, human nutrition, biochemistry and broad-spectrum journals, as well as numerous book chapters. He has advised about 70 M.S and Ph.D. students and over 25 post-doctoral scientists. Bruce's research is known in the area of food carbohydrates and proteins with applications related to topics of processing, nutrition, health and wellness. He has been and continues to be active in international research collaborations in Africa, Asia and Latin America; and particularly in development-oriented research and applied programs in West and East Africa.



CHARLOTTE LOCK RUD (Aarhus University, CLIN, DK)

I am Registered Dietician with an MSc in Clinical Nutrition. I am currently undertaking a PhD at the Department of Hepatology and Gastroenterology at Aarhus University Hospital. My primary research revolves around the absorption of peptides, fluid, and electrolytes, and improving health and well-being in people with ileostomies through nutritional interventions.



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